



# MARCH



## Gross Motor Choice Board

Jack Hartman Songs:

- [Colors of the Rainbow](#)
- [Exercise & Colors](#)
- [ROYGBIV](#)
- [What Color Is It?](#)
- [Sign the Colors](#)

Shamrock Scavenger Hunt!

Let's go for a walk to find:

- 3 leaf clovers
- 4 leaf clovers
- rainbows
- something green
- something gold

Find the Rainbow!

Go around your house to find objects that are:

- Red    - Orange
- Yellow    - Green
- Blue    - Purple

Sort the objects you find in piles by color!

Movement Songs:

- [Awesome Rainbows](#)
- [Rainbow Breathe](#)
- [Rainbow Colors](#)
- [Shamrock Baby Shark](#)
- [Shamrock Shake](#)

Shamrock Hop!

Cut out some shamrocks out of paper. Place the shamrocks around a room in your house. Now jump, skip, hop, etc from one shamrock to another.

Balance on the Lines

Grab some tape to make lines on the floor inside your house or use chalk to make lines outside! Make lines that are straight, curvy, zig zags, and more. Then have your child try to balance on the lines.

Rainbow Walk

Go on a walk outside and look for objects that are the colors of the rainbow. What do you see? Can you find objects in ROYGBIV order?

Yoga Time!

- [Rainbow Yoga Poses](#)
- [Peace Out: Cloud Story](#)
- [Rainbow of Confidence](#)
- [Frank the Frog](#)