# Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date\_\_\_\_\_\_\_\_ Period\_\_\_\_\_\_

Directions: Look through pages 227-235 in your textbook to find the answers to the following questions.

1. What is the difference between puberty and adolescence?
2. What are secondary sex characteristics?
3. List 5 physical changes that occur in males during puberty and 5 physical changes that occur in females during puberty.

Males Females

* 1. a.
  2. b.
  3. c.
  4. d.
  5. e.

1. What are 3 mental/emotional changes that occur during puberty/adolescence?

a.

b.

c.

1. What are 3 social changes that occur during puberty/adolescence?

a.

b.

c.

1. What is your personal identity and how is it developed/influenced?
2. What are some pressures that can make it difficult to define your own personal identity and beliefs?