

Montgomery Township School District

Athletics Registration Procedure

Step 1 – Sign-up with the Nurse:

***This is a general explanation of the required process for participating in athletics for Montgomery Township School District (UMS / MHS). Please follow specific dates & instructions that will be communicated by the Athletics Department EACH sports season.**

Sports sign-ups for ALL seasons are with the school nurse and will begin approximately 2-months before the beginning of each season. Please ask your child to stop in the nurse's office to pick up the appropriate form. The school nurse will give your child either the Physical Evaluation Form or the Health History Update Form depending on your child's last sports physical date.

All Health forms are due in the nurse's office by a predetermined due date.

Please do not wait until the due date to hand in your forms. GET THEM IN EARLY!!! We cannot guarantee that forms submitted after the due dates will be cleared in time for the start of tryouts and or practices. For sports that are conducting tryouts, participation is required but does not guarantee a spot on the team.

All Physical Evaluation Forms must be reviewed by the school physician per NJ state law in order for your child to be cleared to participate. Please hand your forms into the nurse by the dates listed above to allow enough time for review and processing. Please do not wait until the due date to hand in your forms. Forms must be submitted directly to the school nurse. Forms are not to be handed into the main office, emailed, faxed or mailed to the school at any time. The health office will deliver the forms to the school physician for review.

The Allergy Action Plan Form is required once per year ONLY if your child's physician has prescribed an Epi Pen for your child's allergy. The allergy action plan must be renewed by your physician each school year. Please note that your child will not be allowed to participate in athletics without a completed and updated Allergy Action Plan on file in the nurse's office.

All forms can be accessed by going to the athletic department's website at: <https://www.mtsd.k12.nj.us/Page/10963>

If you have any question concerning the health forms, please contact the following:

- MHS Nurses Office – 609-466-7602 x6514 or x6515
- UMS Nurses Office – 609-466-7603 x4500
- MHS Athletic Department – 609-466-7602 x6567

Montgomery Township School District

Athletics Registration Procedure

Step 2 - Register Online with FamilyID:

Montgomery Athletic Department uses the FamilyID athletic registration program. You must register for a team each sports season. Failure to register each season with FamilyID will prevent your child from being cleared to participate. **All sports registrations must be completed by a parent or legal guardian.** Students are not permitted to register on FamilyID. The FamilyID program does not include the submission of the Physical Evaluation Form, the Health History Update Form or the Allergy Action Plan.

FamilyID sports registration for each sports season will open approximately the same day forms become available in the nurse's office for all UMS & MHS sports.

If you have any question concerning the FamilyID registration process, please contact FamilyID support at: 888-800-5583 x1 or support@familyid.com. Support is available 7 days per week M-F 8:00am-9:00pm & Sat and Sun 9:00am-8:00pm.

Step 3 - ImPACT Baseline Test (MHS Sports only):

The online ImPACT baseline test is required once a year during your freshman & junior years before the athlete's first sport. If you are going to be in 9th or 11th grade or you are new to Montgomery High School, you will need to take the baseline test. If you are currently being treated by a doctor for a concussion, do not take the baseline test and see one of the Athletic Trainers ASAP. The ImPACT baseline test information can be accessed by going to the athletic departments website at: <http://www.mtsd.k12.nj.us/Page/10963>.

If you have any question concerning the ImPACT test, please contact the following:

- Athletic Training Office - 609-466-7602 x6556 or x6558
- MHS Athletic Department – 609-466-7602 x6567

DOCUMENTS YOU WILL NEED TO REVIEW The documents listed below must be reviewed by the parent/guardian and athlete. These documents can be found on the athletic website at: <http://www.mtsd.k12.nj.us/Page/10963>

- Student/Athlete Accident Insurance
- Sudden Cardiac Death Pamphlet

Montgomery Township School District

Athletics Registration Procedure

- Sports-Related Concussion & Head Injury Fact Sheet
- Sports-Related Eye Injuries Fact Sheet
- NJSIAA Steroid Testing Policy (High School Only)
- NJSIAA Banned Drug List (High School Only)
- Opioid Use and Misuse Educational Fact Sheet
- NJ CARES Opioid Video

If you are having trouble viewing or printing any form or document, please stop in the athletic office and we will provide them for you.

REGISTER NOW

Powered by FamilyID